



Support. Inspire. Overcome.

Our Home Base Youth Drop-in Centre at the new Richmond Hill Hub has advised that their food pantry and clothing room is getting very low on essential supplies and they are in need of help! If you, your friends/workplace colleagues are cleaning any of their closets or can assist with a collection of food supplies for the drop-in centre, I know they would greatly appreciate the support. Feeding that many teenagers is a big job and we appreciate all of our help. Items in need are the following:

Perishables: 4L Bags of Milk, Fresh Fruits (watermelons, cantaloupes, melons, apples, bananas) and Vegetables

Quick prep canned meals (Chili, Chef Boyardee, individual Kraft Dinner cups Etc...)

Canned Tuna, Flaked Ham and Turkey

On The Go Snacks (Granola Bars, Cheese and Crackers, Tuna and Cracker SnackPacks Etc...)

Cereal

Pasta Sauce

Peanut Butter and Jam, Nutella

Ramen Noodles/Cup of Noodles

Lipton's Sidekicks Noodles

Oatmeal

Laundry Detergent

Also for the youth clothing/hygiene room we are in need of;

Youth male and female appropriate clothing

White t-shirts (and undershirts)

Socks and Underwear - new in packages only please (white ankle and sport socks preferred)

Shaving Cream, Deodorant, Body Wash

Shampoo, Conditioner, New Hair Brushes, Combs

Items can be dropped off at Home Base during the following times: Mon - Friday 10am - 9pm or Sat - Sun 10am - 6pm at **10415 Yonge St., Suite D, side entrance to Home Base.** Many thanks for your generous support.