

# March 2020

10415 Yonge St. Richmond Hill L4C 0Z3

Side entrance, Suite D

Hours: Mon-Fri 9am-9pm

Sat-Sun 10am- 6pm

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>1</b> <b>Homework Club 1-3PM</b>	<b>2</b> Research Study Interviews 10AM-2PM <b>Walk-in Counselling Clinic                      11AM – 6PM</b> St John's Ambulance Therapy Dog Program 2:30PM-3:30PM	<b>3</b> <b>JVS Employment                      10:30AM – 3:30PM</b> CAYR Community Connections 3:30-5:30PM <b>EMS 4:30PM-6:30PM</b> JAYU Photography Program 5:30PM-8:30PM	<b>4</b> <b>Music Studio 10AM-2PM</b> Personal Life Management 2PM <b>Addictions Services Worker On                      Site 3PM-6PM</b> MOBYSS 3:30PM-5:30PM Youth Discussion Panel 4PM- <b>5PM</b> The Circle Group 6PM	<b>5</b> <b>OW Worker 9:30AM</b> Music Studio 10AM-2PM <b>Leadership 1PM</b> Krassman Centre Peer Support 1 – 3PM <b>360Experience- 6PM-8PM</b>	<b>6</b> Society & Change <b>Movie Night 6PM</b>	<b>7</b> <b>Fitness Boot Camp 2PM</b>
<b>8</b> <b>Homework Club 1-3PM</b>	<b>9</b> <b>Walk-in Counselling Clinic                      11AM – 6PM</b> St John's Ambulance Therapy Dog Program 2:30PM-3:30PM	<b>10</b> <b>JVS Employment                      10:30AM – 3:30PM</b> CAYR Community Connections 3:30-5:30PM <b>JAYU Photography                      Program 5:30PM-8:30PM</b>	<b>11</b> Music Studio 10AM-2PM <b>Personal Life Management                      2PM</b> MOBYSS 3:30PM-5:30PM <b>Addictions Services                      Worker On Site 3PM-6PM</b> The Circle Group 6PM	<b>12</b> <b>OW Worker 9:30AM</b> Music Studio 10AM-2PM <b>Leadership 1PM</b>	<b>13</b> Society & Change <b>Movie Night 6PM</b>	<b>14</b> <b>Fitness Boot Camp 2PM</b>
<b>15</b> <b>Homework Club 1-3PM</b>	<b>16</b> Walk-in Counselling Clinic 11AM – 6PM <b>CMHA OUTREACH                      12 – 1 PM</b> St John's Ambulance Therapy Dog Program 2:30PM-3:30PM <b>Research Study Interviews                      3PM-7PM</b>	<b>17</b> <b>JVS Employment                      10:30AM – 3:30PM</b> CAYR Community Connections 3:30-5:30PM <b>Public Health 4PM-6PM</b> EMS 4:30PM-6:30PM <b>JAYU Photography                      Program 5:30PM-8:30PM</b>	<b>18</b> <b>Music Studio 10AM-2PM</b> Personal Life Management 2PM <b>Addictions Services                      Worker On Site 3PM-                      5:30PM</b> The Circle Group 6PM	<b>19</b> <b>OW Worker 9:30AM</b> Music Studio 10AM-2PM <b>Leadership 1PM</b> Krassman Centre Peer Support 1 – 3PM <b>Dental Hygienist 2PM-5PM</b>	<b>20</b> Society & Change <b>Movie Night 6PM</b>	<b>21</b> <b>Fitness Boot Camp 2PM</b>
<b>22</b> <b>Homework Club 1-3PM</b>	<b>23</b> <b>Walk-in Counselling Clinic                      11AM – 6PM</b> St John's Ambulance Therapy Dog Program 2:30PM-3:30PM	<b>24</b> <b>JVS Employment                      10:30AM – 3:30PM</b> CAYR Community Connections 3:30-5:30PM <b>JAYU Photography                      Program 5:30PM-8:30PM</b>	<b>25</b> <b>Music Studio 10AM-2PM</b> CMHA Outreach Programming 12PM-1PM <b>Personal Life Management                      2PM</b> MOBYSS 3:30PM-5:30PM <b>Addictions Services                      Worker On Site 3PM-6PM</b> The Circle Group 6PM	<b>26</b> <b>OW Worker 9:30AM</b> Music Studio 10AM-2PM <b>Leadership 1PM</b>	<b>27</b> Society & Change <b>Movie Night 6PM</b>	<b>28</b> <b>Fitness Boot Camp 2PM</b>
<b>29</b> <b>Homework Club 1-3PM</b>	<b>30</b> <b>Walk-in Counselling Clinic                      11AM – 6PM</b> St John's Ambulance Therapy Dog Program 2:30PM-3:30PM	<b>31</b> <b>Research Study Interviews                      10AM-2PM</b> JVS Employment 10:30AM – 3:30PM <b>CAYR Community                      Connections 3:30-5:30PM</b> EMS 4:30PM-6:30PM <b>JAYU Photography                      Program 5:30PM-8:30PM</b>				

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### **Walk-in Counseling Clinic**

This clinic offers walk-in counselling services for youth that are clients of the 360 Kids Organization. The purpose of the clinic is to assist youth that have attainable goals they would like to work towards as well as to offer them coping mechanisms they can use moving forward.

### **Homework Club**

Youth have the opportunity to work on homework assignments with the assistance of a Home Base youth worker.

### **EMS @ Home Base**

York Region paramedics will be on-site from 4-7pm every Tuesday to provide medical services to youth.

### **Direct Smiles**

A mobile dental hygienist will providing dental services for youth at Home Base once a month.

### **iGrad**

360°kids has partnered with the York Region District School Board to offer continuing education supports for youth looking to reach their academic goals. An alternative education teacher manages a classroom in the Hub Monday-Friday, 9:30am-3:30pm, from September 2016 to June 2017. Students are able to do most courses online through E-Learning which allows them to access their course work through any computer. Intake is on-going so youth are welcome to come in to apply throughout the school months. iGrad is also an opportunity for students to upgrade any courses required for post-secondary education.

### **Music Studio**

Youth are welcome to work on musical projects with our studio engineer by appointment only.

### **Sexual Health Clinic**

Once a month from 4-6pm the York Region Sexual Health Clinic will be at Home Base to offer testing for sexual transmitted infection, pregnancy testing and counselling.

### **Let's Keep it Real**

A weekly discussion group specifically for female-identifying service users between the ages of 13 and 26. Through discussions, team building activities, and outings, Let's Keep it Real aims to create a space for youth to form meaningful friendships, freely express themselves without judgment, and discuss relevant issues affecting female youth in today's climate. Let's Keep it Real will also

strengthen participants' communication and leadership skills, and take them outside of their everyday environment, providing experiences that can open up their minds and positively change their perspectives on life.