

**HATRED AND ANGER ARE POWERLESS WHEN MET
WITH KINDNESS.**










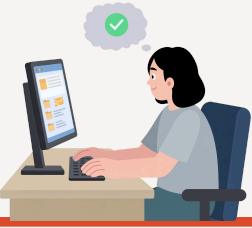




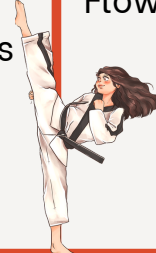



- MALCOLM X

FEBRUARY  **2026**



**BLACK
LIVES
MATTER**

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
01	02 B4S (9:30am-3:30pm) Peer Support Group (10:30am-12:30pm) 	03 Strength Training (10am-11am) Entrepreneurship (1pm-2pm) 	04 Tenant Rights Workshop (3pm-4pm)	05 Ontario Works (10am) B4S (9:30am-3:30pm) The Savvy Program (10am-12pm) Career Fair (1pm-3pm) 	06 Dance Party (1pm-2pm) Queer Agenda (6pm) 	07 Wear Your Story (1pm-3:30pm)
08	09 B4S (9:30pm-3:30pm) Mindful Monday (7pm-8pm) 	10 Strength Training (10am-11am) Women's Self Defense Class (11am-12pm) 	11  B4S (9:30am-3:30pm) Black History Month Event (12pm-3pm) Flow-State (6pm-7pm)	12 Ontario Works (10am) The Savvy Program (1pm-3pm) Bracelet Making (6pm-7pm)	13 MOBYSS (10am-5pm) Queer Agenda (6pm)	14  XXXXX XXXXX
15	16 Morning Yoga (9am-10am) Entrepreneurship (1pm-2pm) Art Workshop (7pm-8pm) 	17 Strength Training (10am-11am) ASCO (11am) Sexual Health Nurse (4pm-6pm) HumanKind Workshop(7pm-8pm)	18 B4S (9:30am-3:30pm) Flow-State (6pm-7pm) 	19 Ontario Works (10am) B4S (9:30am-3:30pm) The Savvy Program (1pm-3pm) 	20 Drop-In Legal Advice (10am-12pm) Angela's Artistry (3pm-4pm) Queer Agenda (6pm) 	21 Healthy Relationships: Green flags & Red flags 
22 	23 B4S (9:30am-3:30pm) Mindful Monday (7pm-8pm)	24 Strength Training (10am-11am) Women's Self Defense Class (11am-12pm) Vision Boards (3:30pm-4:30pm) 	25 B4S (9:30am-3:30pm) Flow-State (6pm-7pm)	26 Ontario Works (10am) B4S (9:30am-3:30pm) The Savvy Program (1pm-3pm)	27 Queer Agenda (6pm) Salon Day (7pm-8pm) 	28 