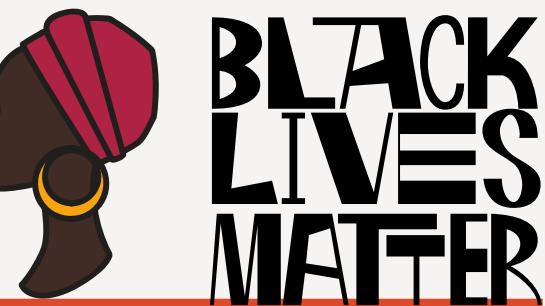
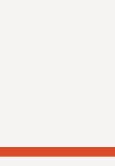


# HATRED AND ANGER ARE POWERLESS WHEN MET WITH KINDNESS.

## - MALCOLM X

# FEBRUARY 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<b>01</b>	<b>02</b> B4S (9:30am-3:30pm) Peer Support Group (10:30am-12:30pm) 	<b>03</b> Strength Training (10am-11am) Entrepreneurship (1pm-2pm) 	<b>04</b> Tenant Rights Workshop (3pm-4pm)	<b>05</b> Ontario Works (10am) B4S (9:30am-3:30pm) The Savvy Program (10am-12pm) Career Fair (1pm-3pm) 	<b>06</b> Dance Party (1pm-2pm) Queer Agenda (6pm)	<b>07</b> Wear Your Story (1pm-3:30pm)
<b>08</b>	<b>09</b> B4S (9:30pm-3:30pm) Mindful Monday (7pm-8pm) 	<b>10</b> Strength Training (10am-11am) Women's Self Defense Class (11am-12pm) 	<b>11</b> B4S (9:30am-3:30pm) Black History Month Event (12pm-3pm) Flow-State (6pm-7pm)	<b>12</b> Ontario Works (10am) The Savvy Program (1pm-3pm) Bracelet Making (6pm-7pm)	<b>13</b> MOBYSS (10am-5pm) Queer Agenda (6pm)	<b>14</b> 
<b>15</b>	<b>16</b> Morning Yoga (9am-10am) Entrepreneurship (1pm-2pm) Art Workshop (7pm-8pm) 	<b>17</b> Strength Training (10am-11am) ASCO (11am) Sexual Health Nurse (4pm-6pm) HumanKind Workshop (7pm-8pm) 	<b>18</b> B4S (9:30am-3:30pm) Flow-State (6pm-7pm) 	<b>19</b> Ontario Works (10am) B4S (9:30am-3:30pm) The Savvy Program (1pm-3pm) 	<b>20</b> Drop-In Legal Advice (10am-12pm) Angela's Artistry (3pm-4pm) Queer Agenda (6pm) 	<b>21</b> Healthy Relationships: <b>Green flags &amp; Red flags</b> 
<b>22</b> 	<b>23</b> B4S (9:30am-3:30pm) Mindful Monday (7pm-8pm) 	<b>24</b> Strength Training (10am-11am) Women's Self Defense Class (11am-12pm) Vision Boards (3:30pm-4:30pm) 	<b>25</b> B4S (9:30am-3:30pm) Flow-State (6pm-7pm) 	<b>26</b> Ontario Works (10am) B4S (9:30am-3:30pm) The Savvy Program (1pm-3pm) 	<b>27</b> Queer Agenda (6pm) Salon Day (7pm-8pm) 	<b>28</b> 