



Support. Inspire. Overcome.

Feeding many teenagers is a big job and we appreciate all of your help. Items always in need are the following:

Dry/ Non-Perishables in Need:

- Quick prep canned meals (Chili, Chef Boyardee, individual Kraft Dinner cups Etc...)
- Canned Tuna, Salmon, Sardines, Turkey
- On-the-Go Snacks (Granola Bars, Cheese and Crackers, Tuna and Cracker Snack Packs Etc...)
- Boxes of Cereal
- Pasta Sauce
- Canned soups
- Boxes of Instant Oatmeal packages (variety of flavours)
- Peanut Butter and Jam, Nutella
- Ramen Noodles/Cup of Noodles/ Mr. Noodles packages
- Lipton's Sidekicks Noodles & Rice Packs
- Kraft Dinner microwaveable Cups
- Laundry Detergent (pods please)
- Canned stews (chunky beef, chicken, chili's)
- Canned vegetables
- Condiments (soy sauces, bbq sauce, ketchup, mustard)

Snack Foods: Granola bars, individual bags of chips, rice crispy squares, welches fruit snack packs, cookies, juice boxes, sweet cereals, individual oatmeal packages, puddings, hot chocolate, tea bags, fruit roll ups, popcorn, crackers and cheese dip, sunflower seeds, fruit cups, zoodles type pasta, individual packages of goldfish crackers

(New Hygiene Products Only Accepted this year)

White t-shirts (and undershirts)

Socks and Underwear - new in packages only please (white athletic and sport socks preferred)

Menstrual products (tampons and pads)

Covid Process in 2021-2022: Food drives MUST be pre-arranged for drop off using our online weekly scheduling system.

Drop offs will happen from 2pm -4pm on weekdays. The scheduling system can be found on our website at:

<https://www.360kids.ca/program-wish-lists/>